



BANGOR FIELD HOCKEY CLINIC 2023

FIELD HOCKEY CLINIC

for girls in grades 6th-8th grade.

JUNE 5TH 8:00AM-1PM

Open for players of all skill levels! Instruction will focus on fundamentals of the game including passing, ball control, shooting, and stick-work as well as advanced skills. This session will be developmentally designed and implemented by the Bangor High School Field Hockey Coaching Staff. Every child should dress accordingly to the temperature and weather (it is recommended to bring a garbage bag in the event of rain).

Your child should also come prepared with light snacks, sneakers / cleats, mouth guard, water, and any other field hockey equipment that your child owns. All other equipment will be provided – please check the appropriate boxes in the registration form to ensure we have equipment for your child.

Note that this is not in conjunction with the UMBT Rec Field Hockey Program or any other youth program

COST: \$40 per player - \$35 if registered by May 25th. (Included in the price is Instruction, Tournament Play and a T-Shirt.

LOCATION: Bangor High School Field Hockey Field (behind high school)
187 5 Points Richmond Rd, Bangor, PA 18013

TO REGISTER GO TO...

https://docs.google.com/forms/d/e/1FAIpQLSfZFo0ix3hxcVeophGghYE8gZUCXQ-VeWDvpyZwbH3KvhWkHg/viewform?usp=sf_link

Questions? Contact Coach Ott at ottch@bangorsd.org